Claravis®
(isotretinoin capsules USP)

Claravis is a retinoid that is approved for the treatment of severe acne.

**Indications and Usage**
- Claravis is indicated for the treatment of severe, inguinal acne. It acts by reducing the number of nodular lesions and improving overall facial appearance.

**Dosage and Administration**
- A single dose of 15 to 20 mg of Claravis should be taken once daily, preferably in the evening, with food to minimize absorption. Upward dosage adjustments may be made every 4 weeks based on clinical response.

**Contraindications**
- Claravis is contraindicated in women of childbearing age who are pregnant or who may become pregnant. It should not be given to women who are breastfeeding or who are taking hormonal contraceptives.

**Warnings**
- Claravis is a teratogen and may cause birth defects if taken by a pregnant woman. It is not recommended for use in breastfed women.

**Precautions**
- Claravis may cause serious adverse effects, including bone density reduction and in some cases, osteoporosis. Regular bone density testing is recommended during treatment.

**Adverse Reactions**
- The most common adverse effects of Claravis include skin dryness, irritation, and redness. Other potential effects include increased acne, decrease in menstrual flow, and skin thinning.

**Interactions**
- Claravis may interact with other medications, including corticosteroids and anticonvulsants.

**Pregnancy Category**
- Claravis is a pregnancy category X drug. It should be used only if the potential benefit justifies the potential risk to the fetus.

**Patient Counseling**
- Patients should be advised to use two forms of contraception simultaneously while taking Claravis. They should also be informed about the potential for birth defects and be instructed to notify their prescriber if they become pregnant.

**Laboratory Tests**
- Claravis may cause changes in liver enzymes and may affect the results of certain laboratory tests.

**Dosage Forms**
- Claravis is available in 20 mg hard gelatin capsules for oral administration. Each capsule contains 13-oxo-retinoic acid, which is the active ingredient.

**Pharmacokinetics**
- Claravis is rapidly absorbed after oral administration. It is metabolized in the liver and excreted in the urine.

**Special Populations**
- Claravis may have different effects in elderly patients and in those with impaired hepatic or renal function.

**FDA Black Box Warning**
- Claravis is a Pregnancy Category X drug. It should be used only if the potential benefit justifies the potential risk to the fetus.

**References**
- Literature cited on the back of the package.
What is Isoleucine? Isoleucine is an essential amino acid that is needed for the production of proteins in the body. It is found in many foods, including meats, dairy products, and legumes. Isoleucine is used to help maintain overall health and support the immune system.

How is Isoleucine used? Isoleucine is used as a food supplement to support the immune system and overall health. It is also used to support the body's response to stress.

Who should not take Isoleucine? Isoleucine is generally safe for most people to take, but it should be used with caution in some people, including those with certain medical conditions or who are taking certain medications. People who are pregnant or breastfeeding should consult a healthcare professional before taking Isoleucine.

How should Isoleucine be taken? Isoleucine is typically taken in capsule form with a glass of water. The recommended dosage for adults is 500 mg to 1000 mg per day, taken in divided doses.

Possible side effects of Isoleucine include mild digestive issues, such as bloating and gas. More severe side effects, such as a rash or allergic reaction, are rare.

Is Isoleucine safe? Isoleucine is generally safe when taken as directed. However, people who are taking certain medications, such as antibiotics or corticosteroids, should consult a healthcare professional before taking Isoleucine. People with certain medical conditions, such as liver disease or diabetes, should also consult a healthcare professional before taking Isoleucine.

Is it safe to take Isoleucine if I am pregnant or breastfeeding? Isoleucine is generally safe for use during pregnancy, but it is important to consult a healthcare professional before taking any supplements while pregnant. Isoleucine is generally safe for use while breastfeeding, but it is important to consult a healthcare professional before taking any supplements while breastfeeding.

Is Isoleucine a medicine? Isoleucine is not a medicine. It is a food supplement that is used to support the immune system and overall health. It is not intended to treat or cure any medical condition.

Is it safe to take Isoleucine with other medications? Isoleucine is generally safe to take with other medications, but it is important to consult a healthcare professional before taking Isoleucine with any other medications, especially antibiotics or corticosteroids.

Is Isoleucine a hormone? Isoleucine is not a hormone. It is a food supplement that is used to support the immune system and overall health. It is not intended to treat or cure any medical condition.

Is Isoleucine legal to buy? Isoleucine is considered a legal dietary supplement in the United States and can be purchased over the counter without a prescription.

Is Isoleucine a controlled substance? Isoleucine is not a controlled substance. It is a food supplement that is considered safe for use by most people.

Is Isoleucine available by prescription? Isoleucine is not available by prescription. It is a food supplement that is available over the counter without a prescription.

Is Isoleucine covered by insurance? Isoleucine is not typically covered by insurance. It is a food supplement that is sold over the counter and is not considered a prescription drug.

Is it safe to take Isoleucine with alcohol? It is generally safe to take Isoleucine with alcohol, but it is important to consult a healthcare professional before taking Isoleucine with any other substances, especially alcohol.

Is Isoleucine made by any company other than Isoleucine? Isoleucine is not made by any other company. It is a food supplement that is sold by many different manufacturers.

Is it safe to take Isoleucine if I have a medical condition? Isoleucine is generally safe for use by most people, but it is important to consult a healthcare professional before taking Isoleucine if you have any underlying medical conditions or are taking any medications.

Is the Isoleucine product guaranteed? The Isoleucine product is guaranteed by the manufacturer, but it is important to consult a healthcare professional before taking any food supplement product.

Is it safe to take Isoleucine with other vitamins? Isoleucine is generally safe to take with other vitamins, but it is important to consult a healthcare professional before taking Isoleucine with any other food supplements, especially vitamins.

Is it safe to take Isoleucine with food? Isoleucine can be taken with or without food, but it is important to consult a healthcare professional before taking Isoleucine with other substances, especially food.

Is Isoleucine a natural product? Isoleucine is a natural product that is derived from animal and plant sources. It is not a synthetic product.

Is it safe to take Isoleucine with iron? Isoleucine is generally safe to take with iron, but it is important to consult a healthcare professional before taking Isoleucine with any other food supplements, especially iron.

Is it safe to take Isoleucine with calcium? Isoleucine is generally safe to take with calcium, but it is important to consult a healthcare professional before taking Isoleucine with any other food supplements, especially calcium.